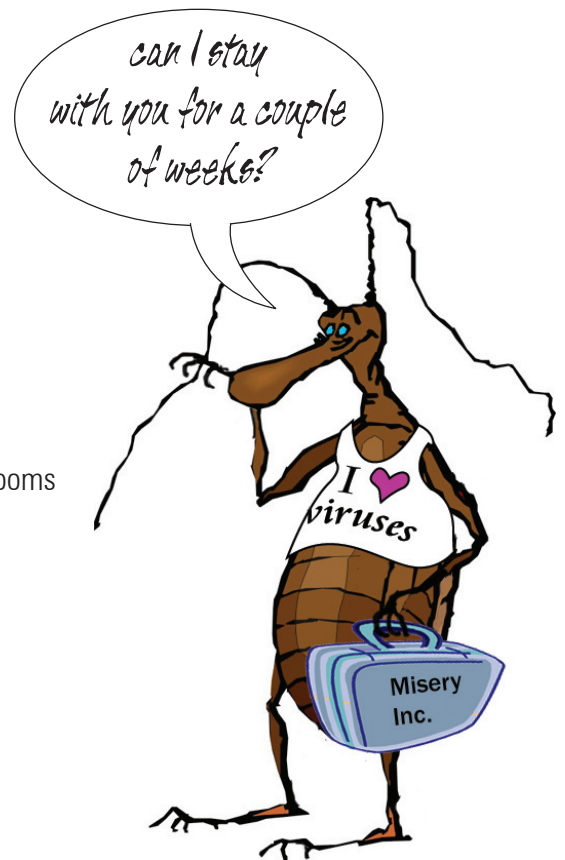


Flu Proof your office

- Get a flu shot
- Wash your hands (or use hand sanitizer) -- frequently!
- Wipe down your phone, mouse, keyboard with Clorox wipes, weekly
- Wipe down the printer and fax in common areas, weekly
- Get plenty of rest and eat a good diet
- Run a 'clean meeting' – have Kleenex and hand sanitizer in the meeting rooms
- Avoid close contact with people who are sick
- Avoid touching your eyes, nose, and mouth
- Stay home if you're sick – don't be a hero
- Sneeze or cough into a Kleenex
- Exercise daily



Flu Proof your office

- Get a flu shot
- Wash your hands (or use hand sanitizer) -- frequently!
- Wipe down your phone, mouse, keyboard with Clorox wipes, weekly
- Wipe down the printer and fax in common areas, weekly
- Get plenty of rest and eat a good diet
- Run a 'clean meeting' – have Kleenex and hand sanitizer in the meeting rooms
- Avoid close contact with people who are sick
- Avoid touching your eyes, nose, and mouth
- Stay home if you're sick – don't be a hero
- Sneeze or cough into a Kleenex
- Exercise daily

