

# Save the Date!

## Diabetes Awareness Fair

Wednesday, November 11th

SJRCM 2nd Floor, Conference Room C

8:00 a.m. to 4:00 p.m.



*Do You...*

Have frequent urination?

Have slow healing cuts or sores?

Have a family history of diabetes?

Have problems with your weight?

If you answered yes to any of these questions, then come to St. Joe's on Wednesday, November 11th to take advantage of our free educational offerings and prizes! We will have information on Blood Glucose testing, Nutrition Education, Exercise, Foot care and more!

**Come learn more about diabetes at our SJRCM Diabetes Fair and talk to a certified diabetes educator and registered dietitian.**

**Refreshments & Door Prizes!**  
**VALET PARKING AVAILABLE**

www.sjrcm.org  
208-799-5417

415 6th Street • Lewiston, ID 83501

*People committed to life.*



*Community Health*  
**Education Resource Center**

*St. Joseph Regional Medical Center*